COMHAIRLE CONTAE ATHA CLIATH THEAS

**SOUTH DUBLIN COUNTY COUNCIL**



**TALLAGHT ACM**

**DECEMBER 2017**

**ITEM NO. (3)**

**January 2018**

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| ***Tallaght*** | ***Events*** | ***Date*** |
| **Early childhood** | Storytime for children | Every Tuesday 3.30pm |
|  | Toddler Time with Yvonne Ruane | Wednesdays from 10am – 11am |
|  | Teddy Bear Story Time Join us for a special teddy bear themed story time in the library. Don’t forget you bear.All welcome | Saturday 13th January 2pm |
|  | Animal Story Time – What is your favourite animal? Join us for a special animal themed story time in the library.All welcome | Saturday 27th January at 2pm |
| **Children’s events** | Junior Chess with Fred for age 7+ | Tuesday from 3.30pm - 4.30pm |
|  | Polish Story time with Izabella | Thursday 4th January 3.30pm |
|  | Alice in Wonderland Art & CraftsTo celebrate Lewis Carroll’s birthday on the 14th January and to celebrate all things Wonderland we will be holding an Alice in Wonderland themed arts and crafts session. Children ages 5-8 | Thursday 11th January from 3.30pm - 4.30pm |
|  | Make a ScribblebotEverybody wants to be an inventor. Our workshop for Kid Inventors’ Day will introduce children to simple robotics by building a scribblebot | Wednesday 17th January |
|  | Duplo LEGO Free PlayLEGO is a great creative tool. For the very young we have a DUPO LEGO free play afternoon | Saturday 20th January from 1pm – 3pm |
| **Creative Campus** | Making a Career in the Arts | Monday 15th January |
|  | HEAR/DARE College routes presentation | January 24th 10am – 11am |
| **Digital Learning** | TTRS Training-Touch Type read and spell | Every Tuesday from 5.30pm - 6.30pm  |
|  | Tech Attack Tallaght Technology events for children aged between 8 – 12 years | Saturday 13th, 20th, 27th January from 11am - 12.30pm |
|  | Scribblebots Tech for children age 8-12 years | Wednesday 17th January at 6pm |
| **Exhibitions** | Exhibition of Art Work by St. Aengus Community Action Group | January 8th – 20th |
| **Culture** | Movie Club | Thursday 25th January |
|  | Rereading the classics-Literature appreciation classes with David Butler | Dates to be confirmed |
| **Heritage** | Tallaght Historical Society Lecture – Garda Siochana part 2. Lecture given by Gerry Lovett | Tuesday January 9th at 7pm |
|  | Tallaght Historical Society Lecture – Gerald of Wales & his invasion of Ireland. Lecture given by Darrell Rooney | Tuesday 29th January at 7pm |
| **Health & Well Being (Healthy Ireland)** | **Introduction to Reflexology** with Miriam McNally Reflexology is an excellent complementary therapy, based on the theory that areas on the feet or hands correspond to organs and systems of the body. In this workshop, Miriam will introduce you to some of these areas/points, show you several useful techniques to get you started and show how to perform a hand Swiss Reflex treatment. | Tuesdays 9th January at 11am |
|  | **Eating for a healthy heart** 6 Week session with South Dublin County Partnership - Learn how to shop & cook meals designed to help your heart keep in tip top shape!(In association with South Dublin County Partnership) | Beginning on Monday 15th January for 6 weeks at 11am |
|  | **Introduction to Mindfulness** withMoira Fingleton.Mindfulness is the basic human ability to be fully present, aware of where we are and what we’re doing, and not overly reactive or overwhelmed by what’s going on around us.While mindfulness is something we all naturally possess, it’s more readily available to us when we practice on a daily basis. In this introductory session you will be introduced to basic breathing techniques and given techniques to introduce mindfulness into your everyday life. | Tuesday 16th January at 11am |
|  | **Positive Mental Health**Professor Jim Lucey - author of Life Well Lived - will give a talk on mental health and recovery from mental illness | Wednesday 17th January - time tbc |
|  | Talk on **Healthy Heart Nutrition** Wellness by Irish Association of Holistic Medicine | Saturday 20th January from11am -4pm |
|  | **Introduction to Mandala**; Join Dublin artist Patricia Fitzgerald as she takes you on a journey of self-compassion and awareness through the ancient art form of mandala. During this two-hour workshop you will learn a little of the philosophy behind mandala, you will be led on a guided meditation journey through the seven chakras, and we will end with you colouring and engaging with your own mandala with a new-found awareness of this powerful healing process | Tuesday 23rd January at 11am |
|  | **Introduction to Aromatherapy**; Essential oils come from plants from all over the world. Each oil has distinct therapeutic properties and the effect can be calming, uplifting or relaxing. Research has shown the oils to possess stimulant, anti-infectious, anti-inflammatory and relaxant properties, among others. In this workshop, Miriam will introduce you to some oils, explaining what they can be used for. She will also give different ideas for using the oils around your home and for the well-being of you and your family. A treat for the senses | Tuesday 30th January at 11am |
| **Life-Long learning** | Basic Computer Classes for Adults with Age Action Ireland | Mondays from 12noon |
|  | English Conversation Classes | Monday - Thursday 10.30am - 12noon |
|  | Spanish Classes for Adults | Mondays from 6pm-7pm |
|  | Basic Computer Classes for Adults with Áine Cotter-Roche | Tuesdays from 10am – 12noon |
|  | Irish Language Classes – Beginners & Intermediate | Tuesdays at 12noon and 1pm |
|  | English Language Classes  | Every Wednesday Beginners from 5pm - 6pmImprovers from 6pm - 7pm |
|  | Hobby Hub/Crafts | Every Wednesday 7.30pm - 8pm |
|  | Craft Class for adults with Kim Jenkinson | Friday 12th January at 11am |
|  | Adult Book Club with Geraldine | Wednesday 31st January at 6.30 |
|  | Winter Words- Creative writing workshops with Shauna Gilligan | 7-Week course – More details soon |
| **Work Matters** | IT skills development – with Martin Berridge as part of Work Matters Programme | Friday 19th January at 1pm |
| **Supporting Employment and Employers** | IE Network –Business Meeting – Innovation Enterprise Network | Thursdays from 10am - 12.30pm |
| **Partnership With Other Agencies** | English Conversation Group | Every Mon to Thurs in December 10am - 1pm |
|  | BRI (Brain Related Injury Support Group) | Monday 8th January from 6pm - 8pm |
|  | BRI Art Group | Friday 19th January 2pm |
|  | Tús Nua: Older persons’ forum |  |
|  | SDCC Disability & Advisory Consultative Panel |  |
|  | Dyspraxia Information Session |  |

For further information contact 462 0073 or [www.southdublinlibraries.ie](http://www.southdublinlibraries.ie)

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**January 2018**

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| ***Mobiles*** | ***Events*** | ***Date*** |
| **Lucan** **Public stops**  | **Adamstown**: near Londis**Earlsfort:** Earlsfort Avenue **Foxborough:** Foxborough Walk**Ballyowen:** Ballyowen Castle SC **Larkfield:** Larkfield Avenue**Beech Park:** Beech Park **Newcastle:** Aylmer Road**Rathcoole:** Forest Hills & Broadfield Estate **Palmerstown:** Old Lucan RoadKennelsfort RoadGlenmaroon ParkWoodfarm Drive | Weekly |
| **Centre Stops**  | Rossecourt Resource Centre | Monthly |
| **School Stops**  | **Palmerstown**: St Lorcan’s BNS**Griffeen:** Lucan Educate Together**Lucan:** Lucan East Educate Together NS Lucan Educate Together NS**Esker:** Esker Educate Together NS **Rathcoole:** Holy Family NSScoil Chronain  | Monthly |
| **Playschool and Creche Deliveries** | Giraffe crèche**Newcastle:** Cocoon crècheRocking HorseGriain na nOg**Rathcoole:** Junior Genius **Palmerstown:** Oval creche |  |
| **Rathfarnham** **Public stops**  | **Ballycullen:** Woodstown ParkHunters Wood **Templeogue:** Cypress Grove SouthRossmore Road | Weekly |
| **Nursing Homes Deliveries** | Marlay Nursing Home, Rathfarnham | Monthly |
| **School Visits** | **Knocklyon**: St. Colmcille’s JNS Ballyroan: Saplings Special School | Monthly |
| **Playschool and Creche Deliveries** | Prospect Montessori Kiddywinks Montessori  |  |
| **Tallaght** **Public stops**  | **Firhouse**: Woodlawn Park AvenueParklands Avenue**Ballycragh**: Allenton Drive**Aylesbury**: Heatherview Drive**Castletymon**: St Aengus Community Centre **Tallaght** : Mac Uilliams EstateKillinarden Community Centre**Brookfield:** Glenshane Drive**Citywest**: Shopping Centre**Kilnamanagh**: outside school**Kingswood**: Sylvan Avenue**Fettercairn**: St Anne’s NS**Belgard Heights**: outside shops**Greenhills:** Keadeen AvenueGreenhills church | Weekly |
| **Public stops**  | **Brittas:** Gortlum Cottages**Saggart:** outside church**Tallaght:** Ard Mor Estate **Avonbeg**: Avonbeg Road | Fortnightly |
| **School stops**  | **Brookfield:** Scoil Bhride JNS **Glenasmole:** National School**Firhouse:** Scoil Treasa**Greenhills:** Holy Spirit, JNS**Kilnamanagh:** Abacas Special School**Citywest:** Citywest Educate Together National SchoolScoil Niamh National School | Monthly |
| **Community Centre Deliveries** | Glenasmole CCKiltipper Woods Nursing Home | Monthly |
| **Crèches Deliveries** | An TurasBrookview ChildcareFledglings Childcare Caitlin Maud, KillinardenCaitlin Maud, Jobstown Ard Mor Community CrecheCare and Cuddles, CitywestDiscoveriesEarly StepsKilnamanagh KidsGlenview MontessoriLaugh and Learn PlayschoolLeapfrog DaycareLet’s Play crècheLittle Children’s CentreLittle LadybirdsCastleview Community Playschool Chuckleberries, Hunter’s WoodChuckleberries, Woodstown Kidorama, Saggart  | Monthly |
| **Clondalkin** **Public stops**  | **Sruleen:** Church **Foxdene:** Foxdene Park **Rowlagh:** Collinstown Road**Neilstown**: Neilstown Crescent**Greenfort:** Greenfort Avenue **Kilmahuddrick:** Kilmahuddrick Crescent**Melrose:** Melrose Green**Bawnogue Rd:** Church**Cherrywood**: Cherrywood Crescent | Weekly |
| **School stops**  | **Sruleen:** Sacred Heart NS**Balgaddy:** Divine Mercy NS**Deansrath**: St Ronan’s NS**Bawnogue:** Nano Nagle NS **Balgaddy**: Scoil Mochua**Balgaddy:** Scoil Oscair**Neilstown:** St. Peter Apostle’s JNS | Monthly |
| **Playschool and Creche Deliveries** | Limetree ChildcareFonthill Lodge SDCCHappy TotsRowlagh Parish Creche |  |
| **Community Centres Deliveries** | Liscarne Court | Monthly |
|  | Stewarts Resource Centre |  |
| **Book Deliveries** | Crèches / schools | Monthly |

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